

Peoria Unified School District Elementary

Breakfast & Lunch Menu



November 2016

Monday	Tuesday	Wednesday	Thursday	Friday
	<i>Chef's Choice</i> Cereal & Hard Boiled Egg Chicken Nuggets w/Goldfish Fun Fish w/Goldfish PB & J Pack* w/Goldfish  Fresh Pears Kale Side Salad  Chilled Peaches 1/3	Bacon Egg & Cheese Sandwich Cereal & Elf Grahams Bean & Cheese Burrito  Beef Lasagna Chicken Caesar Salad Plump Grapes Romaine Side Salad  X-Ray Vision Carrots 2/4	Muffin & String Cheese Cereal & String Cheese Chicken Tenders Pretzel Ham Melt Garden Salad w/Roll  Yellow Bananas Curly Fries Dark Broccoli  3/5	Omelet & Biscuit Cereal & Goldfish Pretzels Personal Pan Pizza Cobb Salad w/Crunch Bar Chef's Choice Crunchy Cucumber 100% Fruit Juice Chilled Pears 4/6
<i>Late Start</i> Cereal & Bug Bites Cheeseburger Spicy Chicken Sandwich Egg Salad Sandwich Orange Slices X-Ray Vision Carrots Crunchy Cucumbers 7/1	Mini Donuts Cereal & Hard Boiled Egg Chicken Nuggets w/Muffin Beans & Cheese w/Scoops  Turkey & Bacon Wrap Fresh Grapefruit Super Kale Salad  Crunchy Bell Peppers 8/2	Breakfast Bagel Pizza Cereal & Elf Grahams Corn Dog Chef's Choice Garden Salad w/Crunch Bar  Yellow Bananas Zucchini Sticks Chilled Mixed Fruit 9/3	Breakfast Burrito Cereal & String Cheese Thanksgiving Day Meal Turkey, Stuffing, Fresh Pumpkin Pie, Rolls & Gravy Or Bean & Cheese Burrito  Green Beans Cranberry Sauce Mashed Potatoes 10/4 <i>Board Meeting 5 p.m.</i>	Veterans Day <i>No School</i>  11
<i>Glazed Breakfast Bar</i> Cereal & Bug Bites Crazy Pizza Bites Stuffed Breadsticks w/ Marinara  Chicken Caesar Wrap Frozen Berries X-Ray Vision Carrots Romaine Side Salad  14/5	Blueberry Waffles Cereal & Hard Boiled Egg Beef Fingers w/Breadstick Chicken Nuggets w/Breadstick Breakfast Lunch Box  Green Kiwi Fruit Crunchy Celery  Chilled Peaches 15/6	Bacon Egg & Cheese Sandwich Cereal & Elf Grahams Beef Soft Tacos Bean & Cheese Burrito  Build Your Own Taco Salad Churro Treat Frozen Mangos Pinto Beans Romaine Side Salad  16/1	Muffin & String Cheese Cereal & String Cheese Shrimp Bites w/Corn Star Mini Corn Dogs w/Corn Star Garden Salad w/Corn Star  My Life Day Orange Smiles Mixed Side Salad  Cauliflower  17/2	Omelet & Biscuit Cereal & Goldfish Pretzels French Bread Pizza  Chicken Fajitas Oriental Chicken Salad w/Muffin Potato Wedges Seasonal Apples 100% Fruit Juice 18/3
 21	 22	 23	 24	Fall Break 19th - 27th No School 25
Strawberry Pancakes Cereal & Bug Bites Mini Cheeseburgers Beef Hot Dog Build A Pizza  Frozen Mangos Potato Wedges Chilled Applesauce 28/4	Mini Donuts Cereal & Hard Boiled Egg Mac N' Cheese w/Roll  Chicken Nuggets w/Roll Chicken Caesar Salad w/Roll Kale Side Salad Bell Peppers  Orange Smiles 29/5	Breakfast Bagel Pizza Cereal & Elf Grahams Corn Dog Sweet Southern Brunch Garden Salad w/Roll  Bananas X-Ray Carrots Hash Brown Patties 30/6	Check Out Our Fruit & Veggie Bar: We always have at least 7 different options daily for your students to choose from. Fruit & Veggie variety varies from fresh, frozen or canned. We do our best to support local farms and seasonal produce.	

Elementary Breakfast Includes:


Choice of Hot Entrée or Cereal
Fruit and or 100% Fruit Juice, White,
Strawberry or Chocolate Milk

Meal Price, \$1.50
Reduced Price, 30-cents
Milk Carton, 35-cents



*PB&J is not served at peanut-free schools. Substitutions will be made. The Peoria Unified School District is an equal opportunity provider and employer. The National Clearing House Association requires the following nonsufficient funds disclaimer: if a child brings a check to school, the parent is giving authorization to electronically debit his/her account for the returned check plus fees if the check should be returned. For more information, contact CCM/Restaurant Fund. 1-888-423-8974.



 Symbolizes the daily vegetarian option.
 Symbolizes fresh fruit or vegetable that is locally grown in the state of Arizona.

Numbers to the right of calendar date indicate the 6-day rotation schedule.

Elementary Lunch Includes:

Choice from 2 Hot & 1 Cold Entrée
Fruit & Vegetable Bar (Minimum 5 choices)
White, Strawberry or Chocolate Milk

Meal Price, \$2.50
Reduced Price, 40-cents
Milk Carton, 35-cents



Peoria Unified School District **November** High School Menu 2016

Breakfast Meal Includes Entrée, Fruit & Milk

Breakfast Entrées Available Daily

- * Assorted Cereals & Granola Bars with choice of side item (String Cheese, Yogurt, Boiled Egg, or Graham Crackers)
- * Breakfast Pizza, Bagel with Cream Cheese, Mini Donuts, Bread Slices, Pop-Tarts, Benefit Bars & Juice available daily

Breakfast Prices

Student Meal \$1.75
 Reduced Price Meal \$0.30
 Adult Meal \$1.75

Monday	Tuesday	Wednesday	Thursday	Friday
Yogurt & Muffin	Fruit & Yogurt Parfait	Super Bun	Fruit & Yogurt Parfait	Glazed Breakfast Bar
31 French Toast Sticks	1 SEC Biscuit Breakfast Sandwich	2 Fresh Baked Cinnamon Roll	3 Ham, Egg, & Cheese Pretzel Sandwich	4 Green Chili Egg & Cheese Burrito
7 Cinnamon Swirl Bun	8 BEC Croissant Breakfast Sandwich	9 Breakfast Platter	10 SEC English Muffin Breakfast Sandwich	11 Veterans Day No School
14 French Toast Sticks	15 SEC Biscuit Breakfast Sandwich	16 Biscuits & Sausage Gravy	17 Ham, Egg, & Cheese Pretzel Sandwich	18 Green Chili Egg & Cheese Burrito

NO SCHOOL **Fall Break** **November 21–25**

28 Cinnamon Swirl Bun	29 BEC Croissant Breakfast Sandwich	30 Breakfast Bowl	1 SEC English Muffin Breakfast Sandwich	2 Bacon, Egg, & Cheese Burrito
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Lunch Meal Includes Entrée, Fruit, Vegetable & Beverage

Lunch Entrées Available Daily

- * Garden Salad
- * Bean & Cheese Burrito
- * Spicy Chicken Sandwich
- * Pizza
- * PB&J Sandwich
- * Chicken Nuggets or Tenders
- * Hamburger or Cheeseburger

Beverages
 Flavored & White Skim Milk
 1% White Milk
 Bottled Water
 Assorted Fountain Drinks
Sides
 Fresh Fruit & Vegetable Bar
 Hot Vegetables (Varies Daily)



Lunch Prices

Student Meal \$2.75
 Reduced Price Meal \$0.40
 Adult Lunch \$3.75

November 17th is a My Life Early Release Day for Cactus High, Centennial High, Liberty High, & Sunrise Mountain High. These sites dismiss at 10:20 a.m. & no lunch will be served.
December 1st is a My Life Early Release Day for Ironwood High, Peoria High, Peoria Flex Academy, & Raymond S. Kellis High. These sites dismiss at 10:20 a.m. and no lunch will be served.

Lunch Entrée Specials for November

Monday	Tuesday	Wednesday	Thursday	Friday
Chef Salad Spicy Popcorn Chicken Salad Yogurt, Granola, & Cheese Ham Sandwich Mediterranean Veggie Wrap Grilled Chicken Sandwich	Cobb Salad Chicken Caesar Salad Bagel, Cheese & Yogurt Egg Salad Sandwich Turkey Bacon Wrap Mini Corndogs Chicken Patty Sandwich	Chef Salad Spicy Popcorn Chicken Salad Crunch Bar, Egg, & Cheese Chicken Caesar Wrap Veggie Sandwich Grilled Chicken Sandwich	Cobb Salad Chicken Caesar Salad Bagel, Cheese, & Yogurt Tuna Salad Sandwich Buffalo Chicken Wrap Mini Corndogs Chicken Patty Sandwich	Chef Salad Mandarin Orange & Chicken Salad Crunch Bar, Egg, & Cheese California Turkey Sandwich Mediterranean Veggie Wrap Grilled Chicken Sandwich
31 Cheese Quesadilla Sweet Chili Thai Bowl	1 Beefy Mac & Bread Beef Walking Taco & Rice	2 Chicken Taco Salad Chili w/ Cornbread & Elf Grahams	3 Popcorn Chicken Mashed Potato Bowl	4 Clux Delux Sandwich Chicken Parm Sandwich
7 Beef Gordita Taco General Tso Bowl	8 Red Beef Enchiladas Mac & Cheese w/ Roll	9 Beef Super Nachos Chicken Bacon Ranch Fries & Muffin	10 THANKSGIVING MEAL <i>Come celebrate the holidays with a feast!</i>	11 Veterans Day No School
14 Beef Soft Tacos Orange Chicken Bowl	15 Chicken Quesadilla Cheese Raviolis & Breadstick	16 Beef Taco Salad Tomato Soup & Grilled Cheese Sandwich	17 MY LIFE DAY Popcorn Chicken Mashed Potato Bowl	18 Western Bacon Cheeseburger Clux Delux Sandwich



Fall Break



November 21–25

28 Teriyaki Chicken Bowl Enchilada-Style Burrito	29 Chicken Fajitas Chicken Carbonara & Breadstick	30 Churro Day Beef Super Nachos Southwest Chicken Wraps	1 MY LIFE DAY Popcorn Chicken Mashed Potato Bowl	2 Ham Pretzel Melt Clux Delux Sandwich
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Menu items are subject to change without notification. If the first choice is not available, an alternate will be served.
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